















# SURVEY SAYS: "SHAKEOLOGY® REALLY WORKS!"

You may have heard the buzz around how Shakeology helps transform people's health. Well if you're wondering if the hype is true, it is. We even put it to the test! A BIG test. Here's proof from nearly 3,000 daily Shakeology drinkers:\*

-  **93%** feel **healthier** since drinking it.
-  **86%** report **increased energy level**.
-  **81%** feel it helped **reduce their cravings for junk food**.
-  **91%** said it helped **improve their regularity.\*\***
-  **81%** said Shakeology **kept them full until their next meal**.
-  **72%** said Shakeology **helped them lose weight**.
-  **82%** reported **improved digestion.†**
-  **77%** feel **more alert and focused** throughout their day.
-  **74%** noticed **an improvement in their mood**.
-  **65%** **cut back on the amount of caffeinated beverages** they consumed daily.
-  **66%** noticed their **skin/hair/nails looked healthier**.
-  **91%** agree that Shakeology **tastes great!**
-  **92%** believe Shakeology is **money well spent**.
-  **97%** believe it's a **smart investment in their health**.

Shakeology is Your Daily Dose of Dense Nutrition™ and simply the most delicious, nutrient-rich, superfood-packed protein shake on the planet.

**shakeology**®

**Drink it every day—orders yours today!**  
Available in Chocolate, Vanilla, Greenberry,  
Tropical Strawberry (vegan), and Chocolate Vegan.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*Based on a survey of 2,769 Shakeology users who drank Shakeology 5 or more times per week and exercised 3 times per week.

\*\*Based on a survey of 1,158 Shakeology users with regularity concerns who drank Shakeology 5 or more times per week and exercised 3 times per week.

†Based on a survey of 874 Shakeology users with digestion concerns who drank Shakeology 5 or more times per week and exercised 3 times per week.